

Make Your Own DIY COVID-19 Face Shield



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You must have seen photos and videos of doctors and nurses dealing with COVID-19 patients wearing transparent face shields over their face masks. However, at least here in Canada, there are not enough face shields available even for the front line health care providers, let alone the general public.

But don't worry, you can make your own DIY COVID-19 Face Shield yourself, quickly, easily and cheaply, and these videos will show you how to do that. All you will need is a piece of transparent plastic, a little piece of foam or weather stripping (foam window seal), and elastic band and an office stapler, or some Velcro if you want to make it adjustable. Once you have all the materials, it shouldn't take you more than 10 minutes to make one. We can now make one in 90 seconds, but we had some practice.

Wearing the Face Shield does not relieve you from observing all other precautions recommended by WHO and mandated by your local authorities, such as self-isolation and physical distancing.

The Face Shield should, however, provide an additional layer of protection to you and those around you from airborne droplets that may carry the Coronavirus. It does that by providing a physical barrier that the droplets cannot cross.

Also, wearing the Face Shield will generally prevent you from touching your face, which is equally important in protecting you from contracting this nasty Coronavirus.

The DIY COVID-19 Face Shield is comfortable to wear, and you can easily wear it over your glasses and/or over a face mask. You should wear it when you go shopping for groceries and it whenever you go out of your home for whatever reason.

The DIY COVID-19 Face Shield is reusable, however, please disinfect it after every use with some rubbing alcohol or soap and water, and do not share it with others. Instead, tell them how to make their own!

We cannot guarantee that the DIY COVID-19 Face Shield will prevent you from getting infected, or from passing the infection to others, however, it should help to reduce the chances of infection and help FLATTEN THE CURVE!

Stay safe and share this video with others. Don't share the Coronavirus!